Osteopetrosis of the Temporal Bone Treated with Cochlear Implant

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INTRODUCTION
Osteopetrosis is a heterogeneous group of skeletal disorders. It is a rare genetic disease caused by osteoclast dysfunction, leading to invalid bone desorption and remodeling and an increase in skeletal mass and density. Osteopetrosis may be inherited in an autosomal recessive or a dominant fashion. The incidence of recessive (malignant) osteopetrosis is estimated to be 1:250,000 and that of autosomal (non-malignant) disease is 1:20,000. The malignant type occurs in infants and is lethal. The autosomal dominant type of osteopetrosis has a heterogeneous course from an asymptomatic to a lethal disease [1]. Patients with this type can be accidentally diagnosed. Osteopetrosis can cause pathological bone fractures, bone marrow defects, cranium overgrowth leading to cranial nerve weakness, hydrocephalus, or nasal cavity narrowing [1,2].

We present a case of osteopetrosis of the temporal bone treated with cochlear implant surgery with good results. To our knowledge, this is the first case of osteopetrosis described where a cochlear implant was used. The local institutional review board approved the study.

CASE PRESENTATION
A 52-year-old female presented to our center with bilateral profound hearing loss. She reported loss of hearing in her left ear 14 years ago because of a head trauma. Four months ago, she was conservatively treated because of sudden sensorineural hearing loss in her right ear with no improvement. Tympanic membranes and external ears were normal on otoscopic examination. Her pure tone average audiogram showed bilateral sensorineural hearing loss at a level of 90 dB with only 10% speech recognition (Figure 1). Her tympanogram was normal with no stapedial reflex. Acoustic otoemissions were absent. High-resolution CT (HRCT) revealed a thickened bone of the skull, poorly pneumatized mastoid cavities, and small middle-ear cavities (Figure 2). Bilaterally, the cochlea was patent, and the bony labyrinth slightly narrowed. Internal acoustic canals were bilaterally narrowed to 2.5 mm at the narrowest diameter (Figure 3). Ossicles were intact with no evidence of bony fixation (Figure 4). Her chest X-ray showed intense skeletal calcification. Similar changes were seen in the cervical spine and mandible with a loss of difference between the cortical and spongiotic bone. The serum levels of calcium, phosphate, keratin kinase, and alkaline phosphatase were normal. The diagnosis of osteopetrosis was made based on the typical radiological appearance of the generalized bone overgrowth.
The patient was implanted with a Nucleus 5 (Cochlear, Melbourne, Australia) cochlear implant with Contour Advance electrode in the right ear. Except for the extremely thick and dense cortical bone of the mastoid, surgery was uneventful with normal results of impedance and neural response telemetry measurements. The standard posterior tympanotomy approach was used, and the surgery was not more difficult than in normal temporal bones. The intraoperative evaluation of ossicle mobility showed no fixation. Speech recognition tested 6 months after surgery showed 75%, and the free field pure tone audiogram showed a 30 dB threshold. The patient continues to use the implant and had constant benefits at the 3-year follow-up. Figure 5 shows the 3-year follow-up CT depicting a cochlear electrode in the cochlea. The patient reported similar changes in the bones of her father and sister but without hearing loss. We received informed consent from the patient for the publication of this report.

**DISCUSSION**

Osteopetrosis of the temporal bone may cause various symptoms. Bone overgrowth may cause Eustachian tube obstruction, otitis media, facial nerve and other cranial nerve deficits, external and internal ear stenosis, or conductive hearing loss due to ossicle fixation [3, 4]. Sensorineural hearing loss in patients with temporal bone osteopetrosis may be caused by cochlear nerve compression or cochlear blood supply disturbances [5]. The latter situation could probably be the cause of hearing loss in the described patient as it occurred suddenly. The use of a cochlear implant worked well for our patient. Because there is no causative treatment of osteopetrosis, there is a risk of progression of the disease and further narrowing of the internal acoustic canal. This may result in a decreased hearing performance. In such a case, decompression of the internal acoustic canal via the middle fossa approach may be considered [6]; however, there is no clear evidence on the success of such management in literature. The other optional management in such situations would be an auditory brainstem implant.
Osteopetrosis should be included in the differential diagnosis of progressive and sudden sensorineural hearing loss. Patients with profound hearing loss caused by osteopetrosis may be successfully treated with a cochlear implant.

Informed Consent: Written informed consent was obtained from the patient who participated in this study.

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